



1823 Fortview Road, Suite 211, Austin, TX 78704 512.402.2650  
[www.talkwithnityda.com](http://www.talkwithnityda.com) [nityda@talkwithnityda.com](mailto:nityda@talkwithnityda.com)

**AUTHORIZATION FOR RELEASE OF PROTECTED HEALTH INFORMATION**

**Client Information:**

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

I give permission for the following two agencies/persons to share (both send and receive) my protected health information as indicated below:

Name: Nityda Gessel, LCSW, E-RYT  
Address: 1823 Fortview Ave, Ste 211  
Austin, TX 78704  
Phone: 512.402.2650

AND

Name:  
Address:  
Phone:

Please circle what information you are allowing to be released:

Dates/Times of Service

Treatment Plan(s)

Evaluation/Assessment

Progress Notes

Verbal Discussion of Case

Diagnosis/Impressions

Entire Case File

Other: \_\_\_\_\_  
\_\_\_\_\_

I understand that my records are protected under Federal and State Laws and cannot be disclosed without a written consent, except as specifically stated by law. This request is entirely voluntary on my part. This authorization can be canceled at any time by request, in writing, but the cancellation will not affect any disclosure already made prior to receipt of cancellation notice. This office cannot control how the protected health information will be used/shared by the agency/person who receives it under this authorization. Unless cancelled or otherwise specified, this authorization will expire one year from date of signature.

Other Specified Expiration Date: \_\_\_\_\_

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Client's Name